YOUR FUTURE IN HEALTH

Health, the greatest wealth.

If you’re considering a health profession — like medicine, rehabilitation, optometry, or pharmacy — Waterloo is a great place to start your journey. World-renowned for our research and experiential education, you’ll learn from top professors while studying at Canada’s most innovative university.

uwaterloo.ca/future/health

THE STEPS TO YOUR DREAM HEALTH CAREER.

1. RESEARCH PROFESSIONAL PROGRAMS

Research your health-profession schools of choice to learn about the admission requirements, then make sure the undergraduate programs you’re considering will allow you to meet them. For example, you may need to take specific courses (e.g., biology, kinesiology, etc.) and labs.

Here are a few places to start:
- Medical College Admission Test (MCAT)
- Optometry Admission Test (OAT)
- Ontario Medical Schools Application Service
- Ontario Rehabilitation Sciences Programs Application Service

2. CONSIDER THE POSSIBILITIES

Once you find out which undergraduate programs will allow you to meet the requirements, narrow the choices to the subjects that interest you most. Consider these Waterloo programs, which are popular for students interested in health professions:

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<thead>
<tr>
<th>Faculty of Applied Health Sciences</th>
<th>Faculty of Science</th>
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<tr>
<td>Health Studies</td>
<td>Biochemistry</td>
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<tr>
<td>Kinesiology</td>
<td>Biology</td>
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<td>Therapeutic Recreation</td>
<td>Biomedical Sciences</td>
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<td></td>
<td>Sciences</td>
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3. UNDERSTAND THE REQUIREMENTS

Some undergraduate programs may help you meet the requirements for your health-profession program faster than others. You may need to use your electives to obtain the required courses, so ensure the program has the flexibility to meet requirements in a timeframe that aligns with your goals. Talk to us to learn more about Waterloo’s programs, and how the hands-on experience you’ll gain can help set you apart from the competition.

4. STUDY WHAT YOU LOVE

Choose a program that lets you study your passion! Over time, you’ll refine your interests and learn about the many career options available in health-related fields — some may even be brand new to you. At Waterloo, join student clubs like pre-med, pre-optometry, or pre-pharmacy, and connect with our award-winning career advisors who can help you reach the career of your dreams.

“The courses and labs that I took at Waterloo really prepared me for the MCAT and my studies in medical school.”

DAVID
BSc BIOMEDICAL SCIENCES
MD CANDIDATE

“Choose a program that will not only interest you as a learner, but will inspire you as a leader.”

LAAVANYA
BSc HEALTH STUDIES
MD CANDIDATE

56% of Health Studies and Kinesiology grads go on to professional or graduate school.

EARN 2 WATERLOO DEGREES
Science BSc, PharmD or OD with the School of Pharmacy or the School of Optometry and Vision Science