want a career in a health profession?
Waterloo’s BSc in Kinesiology prepared me to confidently enter a physiotherapy program. I owe much of where I am today to Waterloo.

– TYLER ALLEN, KINESIOLOGY ’13, ATTENDING MCMASTER UNIVERSITY MSc PHYSIOTHERAPY PROGRAM

Waterloo can help follow these 4 steps:

1. **research professional programs**
   - Research your health profession school of choice to learn about the admission requirements. Ensure the undergraduate programs that you’re considering will allow you to meet those requirements.

2. **consider the possibilities**
   - Once you find out what undergraduate programs will allow you to meet the requirements, narrow the choices to the subjects that interest you most. Waterloo has some excellent options to help you meet your health profession goals.

3. **learn how long it takes to meet requirements**
   - The curriculum of some programs will help you meet the requirements for your health profession program faster than others. You may need to use your electives to obtain the required courses. Contact us to learn more about Waterloo programs.

4. **study what you love**
   - Choose a program that lets you study your passion! Over time, you’ll refine your interests and learn about the many career options available in health-related fields – some may be brand new to you. Maximize your future possibilities by considering all the career paths available to graduates of your program.

**NOT YOUR ORDINARY BROCHURE**

**STEP 1**
DOWNLOAD THE FREE LAYAR AUGMENTED REALITY APP.

**STEP 2**
FILL YOUR SCREEN WITH THIS PAGE.

**STEP 3**
WATCH A VIDEO ON HOW WATERLOO CAN HELP LAUNCH YOUR DREAM CAREER IN HEALTH.
Consider the following programs – they’re popular choices for students interested in health professions.

**FACULTY OF APPLIED HEALTH SCIENCES**

**Health Studies – Bachelor of Science**
Go beyond a focus on disease to investigate the complex factors that influence human health. Develop skills for preventing and managing the world’s most challenging health problems.

**Common health professions:** physician, occupational therapist, nurse, epidemiologist, chiropractor, naturopath, dentist, and speech pathologist.

**Kinesiology – Bachelor of Science**
Assess, treat, and prevent injury and illness to help people keep moving effectively. Gain hands-on experience through labs and study anatomy using human cadavers.

**Common health professions:** physician, physiotherapist, occupational therapist, chiropractor, and kinesiologist.

**Therapeutic Recreation – Bachelor of Arts**
Enhance the physical, mental, and social health and well-being of individuals and communities through research, treatment, education, activism, and recreation and leisure services. Learn to create meaningful experiences with participants in clinical, residential, and community settings.

**Common health profession:** occupational therapist.

**Honours Science – Bachelor of Science**
If you prefer flexibility, this program is for you. Specialize or keep a broad focus. Choose your courses from multiple areas within Science, from chemistry, to biology, to psychology. Customize what you study based on your career goals.

**Common health professions:** physician, pharmacist, optometrist, occupational therapist, speech pathologist, dentist, and naturopath.

**Life Physics – Bachelor of Science**
If you enjoy both biology and physics and are interested in health-related careers, this unique program prepares you for health professions with a solid understanding of how the power of physics relates to improving human health, such as radiation treatments for cancer patients.

**Common health professions:** medical physicist and physician.

**Psychology – Bachelor of Science**
Explore the mind in one of North America’s top psychology departments. Study a range of disciplines - neuroscience, cognition, clinical, developmental, and social.

**Common health professions:** psychiatrist, psychologist, occupational therapist, and speech pathologist.

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60% of Kinesiology and Health Studies grads enter professional or graduate school within 1 year of graduation.

EARN 2 DEGREES.
Use a Waterloo Science program as a pathway to _Pharmacy or Optometry_ and graduate with both a BSc in Honours Science and a PharmD or OD.
why study health at waterloo?

LEARN BY DOING
» Get your goggles on! More than 120 courses include a lab component.
» Option to earn while you learn in the world’s largest co-operative education program of its kind.

PARTICIPATE IN RESEARCH
» Work with professors and researchers on their research projects in paid or volunteer positions.
» Help launch new discoveries that are changing the world. We are renowned for our research and are Canada’s most innovative university. Join our uniquely entrepreneurial culture.
» Bring your ideas to life. Launch your own life and health sciences startup with a team of students and mentors in our Velocity Science or GreenHouse communities.

RECEIVE OUTSTANDING SUPPORT
» Chart your best course with award-winning career and program advisors who will help you reach the career of your dreams.
» Join student clubs like pre-med, pre-optometry, or pre-pharmacy.

CUSTOMIZE YOUR PATH TO A HEALTH CAREER
» Choose from 9 programs in 2 faculties and lots of specializations, minors, and options.
» After taking some university courses, apply to one of our one-of-a-kind professional schools: School of Pharmacy or School of Optometry and Vision Science.

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